

OASIS PHYSICAL THERAPY: PATIENT MEDICAL INFORMATION

Name \_\_\_\_\_ Date \_\_\_\_\_

Referring Doctor \_\_\_\_\_ Family Doctor \_\_\_\_\_

Are you under the care of another practitioner(chiropractor, massage therapist, etc)? Yes \_\_\_ No \_\_\_

Name of this practitioner \_\_\_\_\_

Please check any of the following that you have had:

High Blood Pressure \_\_\_\_\_

Stroke \_\_\_\_\_

Diabetes \_\_\_\_\_

Cancer \_\_\_\_\_

Heart Attack \_\_\_\_\_

HighCholesterol \_\_\_\_\_

Asthma \_\_\_\_\_

Surgeries \_\_\_\_\_

Allergies \_\_\_\_\_

Incontinence of bladder or bowel \_\_\_\_\_

Liver/Kidney Disease \_\_\_\_\_

Please explain any conditions you checked above \_\_\_\_\_

\_\_\_\_\_

What medications are you taking? \_\_\_\_\_

\_\_\_\_\_

Please circle if you have had---X-Ray, MRI, EMG, Ultrasound, arthrogram, other \_\_\_\_\_

Where and when were they done?

\_\_\_\_\_

What were the results?

\_\_\_\_\_

DESCRIBE YOUR SYMPTOMS: \_\_\_\_\_

\_\_\_\_\_

On a pain intensity scale of 0-10, (0 is painfree, 10 is extreme pain), what is your pain level right now? \_\_\_\_\_, Lowest level in past 48 hours?

\_\_\_\_\_ Highest level in past 48 hours? \_\_\_\_\_

What do you do for exercise now?

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What exercise did you do before this problem?

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Describe generally what your activity level is now and how it is different from before your injury.

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List your stress management activities \_\_\_\_\_

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What do you hope to achieve from Physical Therapy?

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